

Authentic Leadership

– Coaching and Facilitation

Use Authentic Leadership to coach and facilitate

How do you get the Authentic Leadership more in play in your organization? How do you coach? How do you facilitate difficult processes in your team? Do you at the same time want to take one more look at your own patterns and reactions? Learn how you can use yourself as a tool to coach, navigate, and facilitate in your surroundings – in Connective, we believe the answers and the resources are inside yourself.

"Authentic Leadership – Coaching and Facilitation" is about using the knowledge and awareness from "Authentic Leadership

– Communication and Relations" to be an Authentic Coach and facilitate processes with people in teams and other groups.

The purpose is to make the leader better equipped to facilitate, challenge, support, and coach their teams, peers, and other leaders in the organization. The leader will in the future be able to stand solid grounded if they participate in conflicts, meet resistance toward change, having the difficult conversation, coach an employee, and also get deeper insights and learning into own patterns and unconscious bias.



At this program you will

- Learn and practice coaching
- Learn and practice conflict resolution
- Get deeper insights into own strengths and development points when meeting resistance and challenges
- Get skills and insights in team facilitation and interventions
- Get supervision and reflect on your own current leadership and coaching cases
- Facilitate and implement change processes
- Get insights into theory and models around coaching, change, facilitation and interventions
- Become more aware of your own leadership, patterns and reactions, and how they influence daily work and relations

About the Program

At this program it is a requirement that you have already participated in “Authentic Leadership – Communications and Relations” by Connective or in a longer company internal Authentic Leadership program.

That means that you already by now know our methodology and approach. In “Authentic Leadership – Coaching and Facilitation” we continue working with Developmental Psychology and a Psychotherapeutic approach. We will still focus on emotional, relational, and existential areas, getting awareness at the 3 different levels in the Leadership Model, and looking for potential,

creativity and possibilities. We work in a dialogical field using in-depth coaching and experiential learning, combined with simple models, reflection and feedback. This way of working makes the anchoring of new awareness and learning more solid.

In this program you will also work with cases from your work-life and the coaching sessions will also have the structure of supervision since you will be the coach or facilitator in your cases. This means that you will have small focus areas/tasks in between the seminars to secure training in practice.



The program is 3x3 days and lasts 4-6 months with 5 individual coaching sessions in between. The group will be 6-8 leaders from different organizations and the coaching can be either at our office or online depending on your location.

Kia Karrebæk



Kia is partner in Connective. Kia has extensive experience working with leaders and organizations, both as a leader, consultant and coach.

This includes 15 years' experience as IT Project Manager, Leader of Operations, and HR Manager in the financial service sector.

Kia has her education from the IT university, and an education as Psychotherapist, Coach and Organizational Consultant.

Kia also works with outplacement and as a Clinical Psychotherapist with both individual clients, couples and groups.

Practical information

Find our next program:

Dates and deadlines for signing up at our different programs at: www.connective.cc
All seminars start at 9.00 the first day and end at 17.00 the last day and includes two nights' accommodation. You and your coach agree upon time schedule to do the 5 coaching sessions. The language will be in Danish or English depending on the participants.

Prior to the program:

When signing up for the seminar you will be contacted to schedule the first coaching session before the seminar starts. This meeting is a follow up since "Authentic Leadership – Communications and Relations" with some reflections and to match expectations. Since you have already participated in an Authentic Leadership Program, you already know that trust and openness is important to gain the most from the program.

Location:

The seminars are located at Stevns in a small town Rødvig around 1 hour drive from the CPH airport. It is a cosy separate house with lodging in really nice surroundings, close to the sea and beautiful nature – excellent for walk-and-talks.

See the place at: roedvigkro.dk/badehotellet

Price:

Seminar fee: DKK 49.500,- excl. VAT
Accommodation: DKK 11.600,- incl. VAT

Sign up:

To sign up send a mail to: kia@connective-institute.com
If you have any questions about the seminar please call:
Kia +45 2339 6195.



We believe authenticity in both life and leadership is the key to creativity, growth, well-being and great results. The key values and fundament of Connective are quality, orderliness, dynamic and trust. Being connected to our core, inner rightness and values, at the same as we are relationally connected to our environment – this is the key to authenticity – and therefore Connective.