



Authentic Leadership

– Communication and Relations

Go for Authentic Leadership?

How do you really want to be as a leader and as a person? How do you reach your goals? Are you able to make real change? Do you often feel stuck in time pressure and decision making, tasks, stress and old patterns? We often seek answers and tools from outside ourselves – in Connective, we believe the answers and the resources are inside each of us.

Authentic Leadership is about releasing and building your full potential as a leader and as a human being.

Today's business and leadership environment is characterized by high speed, massive amount of information, high expectations, time and earnings pressure, and a high degree of uncertainty. Dealing with this reality requires us to be agile, pro-active, balanced and able to respond in the moment – in essence using our full potential.

For you personally, Authentic Leadership training will focus on unlocking your inner resources and power, and for your organization and projects it will lead to massive improvement on growth, results, creativity, sustainability, and well-being.



At this program you will

- Increase your ability to have impact, respond and take action
- Condition yourself mentally and emotionally to create significant results
- Understand and master human relational dynamics
- Increase well-being for you and your team
- Connect to your passion, purpose, motivation and enthusiasm
- Achieve sustainability and growth, through authenticity and vulnerability
- Discover the patterns which holds you back and which makes you take action
- Develop your skills and ability to communicate
- Get insight into tools of conflict resolution

About the Program

Our approach and methodology

Our methodology working with Authentic Leadership is well documented and rooted in the Developmental Psychology and a Psychotherapeutic approach. The psychological focus is emotional, relational and existential - you get awareness at different levels looking at your patterns, reactions and possibilities. We work in a dialogical field using in-depth coaching and experiential learning, combined with simple models, reflection and feedback. This way of working makes the anchoring of new awareness and learning more solid.

At this course you will work with yourself and your leadership on several levels. Most leaders we meet, come with a rational focus which include structure, skills, performance, knowledge

and goals - this belongs in what we call the professional and organizational levels. Here the Authentic Leadership training will offer you new and innovative perspectives, based on new models and diving deep into your current challenges.


We introduce and put high emphasis on the levels, which can be described as "below the surface". They are the relational personal and emotional levels, where focus is on the more irrational aspects of leadership – not so visible, but certainly present. This includes emotions, relation dynamics, conflicts, behavioral patterns, beliefs and cultural assumptions. Our experience is, insights in these levels with Authentic Leadership, will create developmental step changes in your leadership.



This structure is spread over a period of 4-6 months. The full course will be in the same group of 6-8 leaders from different organizations and the coaching in between will be an individual 1½ hour session.



Kia Karrebæk



Kia is partner in Connective. Kia has extensive experience working with leaders and organizations, both as a leader, consultant and coach.

This includes 15 years' experience as IT Project Manager, Leader of Operations, and HR Manager in the financial service sector.

Kia has her education from the IT university, and an education as Psychotherapist, Coach and Organizational Consultant.

Kia also works with outplacement and as a Clinical Psychotherapist with both individual clients, couples and groups.

Practical information

Find our next program:

Dates and deadlines for signing up at our different programs at: www.connective.cc

All seminars start at 9.00 the first day and end at 17.00 the last day and includes two nights' accommodation. You and your coach agree upon time schedule to do two times coaching in between the seminars.

The language will be in Danish or English depending on the participants.

Prior to the program:

When signing up for the seminar you will be invited to an online meeting. This meeting is to pre-start your process with some reflections and to match expectations.

To get the most out of this seminar it requires an active participation, trust and openness to the process, in order to really gain new knowledge and understanding of you and others.

Location:

The seminars are located at Stevns in a small town Rødvig around 1 hour drive from the CPH airport. It is a cosy separate house with lodging in really nice surroundings, close to the sea and beautiful nature – excellent for walk-and-talks.

See the place at:

<https://www.roedvigkro.dk/badehotellet/>

Price:

Seminar fee: DKK 44.900,- ex. VAT

Accommodation: DKK 11.600,- incl. VAT

Sign up:

To sign up send a mail to: kia@connective-institute.com

If you have any questions about the seminar please call:

Kia +45 2339 6195



We believe authenticity in both life and leadership is the key to creativity, growth, well-being and great results. The key values and fundament of Connective are quality, orderliness, dynamic and trust.

Being connected to our core, inner rightness and values, at the same as we are relationally connected to our environment – this is the key to authenticity – and therefore Connective.